

# THE "CHILD" SYSTEM MANUAL

## Comprehensive Help for International Little Destitutes

{A manual for those working with street children.}

### **The "CHILD" Non-formal School - 2**

#### ■ **Mathematics**

The Mathematics classes are provided with ample time for practice in addition, subtraction, multiplication and division. Mental Arithmetic classes are held regularly during which mathematical problems have to be solved without the use of pen and paper. The older children teach the younger in these, and many other, cases.

#### ■ **General Knowledge**

The General Knowledge classes cover all topics including science, geography and social studies. There are no restrictions or limitations to this section of the syllabus, and an open view is kept for any relevant suggestions or new ideas. Any point seen to be related to a particular topic - be it science, geography or any other subject, is commonly integrated into, and taught, in any class suitable.

#### ■ **Hygiene**

Hygiene classes are held regularly in which the children are taught to bathe thoroughly with special emphasis on those certain parts of the body which are usually neglected by children. Nail cutting, tooth brushing, keeping clothing and personal environment clean and neat, as well as proper folding and care of clothes are also part of this segment.

#### ■ **Exercise And Yoga**

Exercise and Yoga classes, whereby aerobic exercise and different yoga postures are taught step by step with explanations about the benefits. Regular swimming classes are held (if possible), as well as long nature walks. Children are encouraged to perform Yoga on a daily basis.

#### ■ **Cooking Education**

Cooking classes are held where the children cook one particular recipe from start to finish with expert guidance from the teachers and/or cooking staff. The children are also encouraged to participate in the preparation of the daily meals, which gives them a deep feeling of satisfaction. The art of vegetable cutting, rice and dahl cleaning and decoration are also given emphasis. I believe that if one can cook - one will not go hungry.

#### ■ **Arts And Crafts**

Handicrafts and Expression classes encourage the children to make full use of waste materials stimulating their creative abilities. The children can make various objects out of cardboard, sea shells, cotton masks, candles etc., some of which can be sold or auctioned at functions.

#### ■ **Gardening, Agriculture And Dairy Farming**

Gardening classes bring the children close to nature giving them practical knowledge about growing and nurturing plants and vegetables in the school nursery. As the school is situated in the "CHILD" Children's Village Complex, a variety of agricultural and dairy activity is already going on. The children take a regular part in these activities, under the guidance of the relevant staff. Children are taught the art of milking and feeding cows, as well as animal husbandry. Pictorial displays help children understand the botanical and biological aspects of growth of plants, as well as practical experimentation.

#### ■ **Value Education**

Weekly Value Education classes, perhaps utilising the renowned 'We Are The World' non-formal education series (Orient Longman) are held. In these important segment morals, good manners, etiquette and awareness of nature's gifts to mankind are imbibed. These are explained, not in a formal way, but through the effective medium of group discussions, dramas and drawings. The children are given ample time to think for themselves, then express their views to the group. Here again, the teacher acts only as a guide making basic corrections where necessary.